



Oral Surgery Pre-surgical Instructions

Do Not:

- Please do not eat or drink anything (not even water) 8 hours prior to surgery (except antibiotics if advised)
- Please do not wear perfume or cologne
- Please do not wear flip flops or long-sleeved shirts
- Please do not wear nail polish, gel, or acrylic nails
- Please do not bring any valuables with you. Leave all valuables (watches, earbuds, iPods, phones, jewelry, etc.) at home or with your driver

Do:

- Please have acetaminophen (Tylenol) and ibuprofen (Advil) available
- Keep Gatorade, coconut water, or "electrolyte drinks" on hand for after surgery
- Have soft foods (pudding, applesauce, smoothies, scrambled eggs, oatmeal, soup, etc.) and ice on hand for after surgery
- Please wear a short-sleeved shirt
- Please arrive 10 min prior to your appointment time to fill out paperwork
- Please have a driver accompany the patient to the office, be available to receive instructions, drive the patient home, and take care of the patient for the entire day
- Please bring an extra set of clothing

DISCLAIMER: Per CVS pharmacy policy, they will not fill prescriptions of narcotics (i.e. Norco, Percocet) to minors even with parental consent.